

ZWIFT:RIDE

Quick Start Guide / Guide de démarrage rapide
/ Kurzanleitung / Guía de inicio rápido



[ZWIFT.COM/RIDE/SETUP](https://zwift.com/ride/setup)



ENG PREPARING YOUR TRAINER

FRE PRÉPARATION DU HOME TRAINER

DEU VORBEREITUNG IHRES TRAINERS

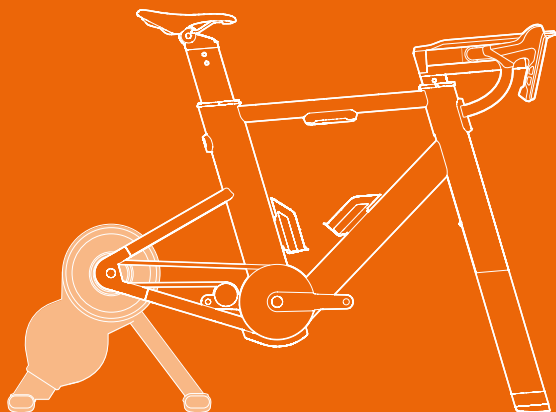
ESP PREPARACIÓN DEL RODILLO

If you have built a Kickr Core for Zwift Ride, skip this section and continue on to **page 6**.

Si vous avez monté un Kickr Core pour Zwift Ride, sautez cette section et passez à la **page 6**.

Wenn Sie einen Kickr Core für Zwift Ride aufgebaut haben, überspringen Sie diesen Abschnitt und fahren Sie auf **Seite 6** fort.

Si has instalado un Kickr Core para Zwift Ride, salta este apartado y continúa en la **página 6**.



ADAPTERS

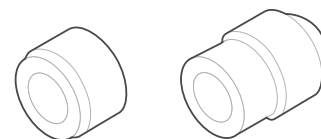
ADAPTATEURS / ADAPTER / ADAPTADORES

Thru Axle Adapters

Adaptateurs pour axe traversant

Steckachsenadapter

Adaptadores para eje pasante

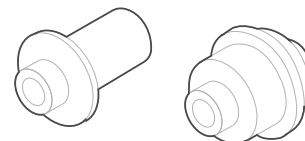


Quick Release Adapters

Adaptateurs pour axe à serrage rapide

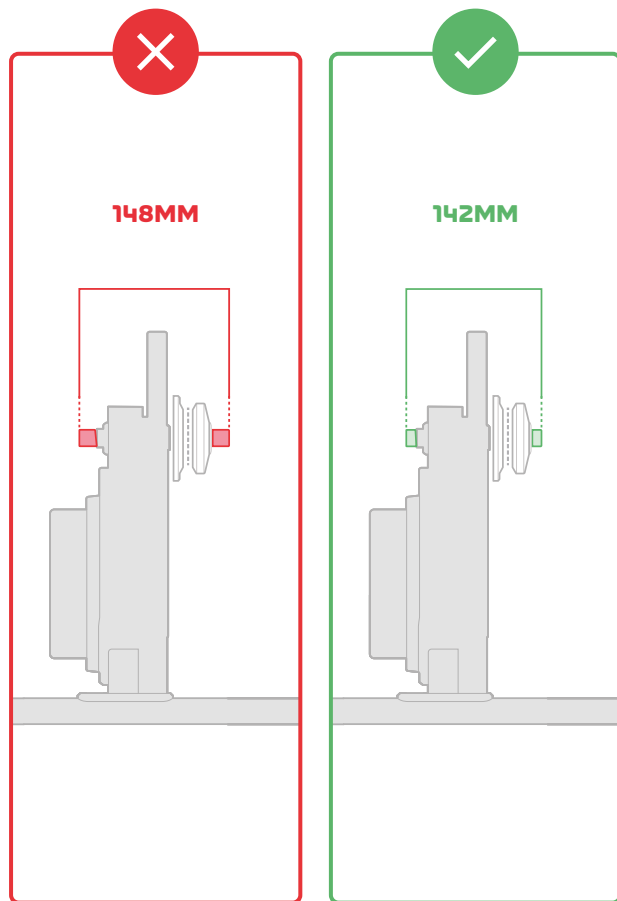
Schnellwechseladapter

Adaptadores para cierre rápido



DROPOUT WIDTH

LARGEUR ENTRE LES PATTES DU DÉRAILLEUR
/ AUSFALLENDENBREITE / ANCHO ENTRE LAS
PUNTERAS



ASSEMBLE ADAPTERS

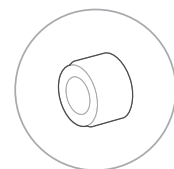
ASSEMBLAGE DES ADAPTATEURS / ADAPTER
MONTIEREN / ACOPLER DE LOS ADAPTADORES

Drive Side Adapter

Adaptateur côté transmission

Antriebsseitiger Adapter

Adaptador del lado de la transmisión

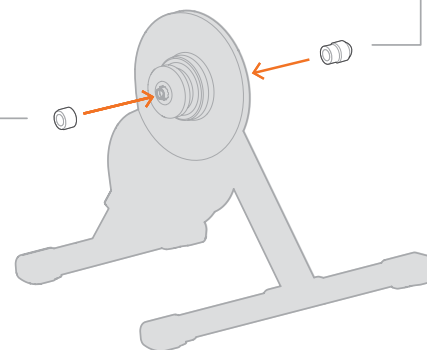
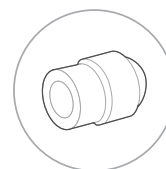


Non-Drive Side Adapter

Adaptateur côté opposé à la transmission

Nicht antriebsseitiger Adapter

Adaptador del lado opuesto a la transmisión



ZWIFT COG ASSEMBLY

ASSEMBLAGE DU ZWIFT COG / MONTAGE DES

ZWIFT COG / MONTAJE DEL ZWIFT COG

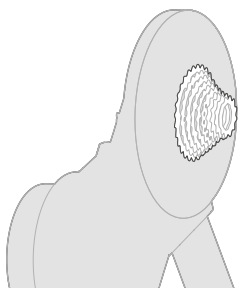
If you need to install a Zwift Cog on your trainer, follow the instructions in the Zwift Cog box.

Si vous devez installer un Zwift Cog sur votre home trainer, suivez les instructions contenues dans la boîte du Zwift Cog.

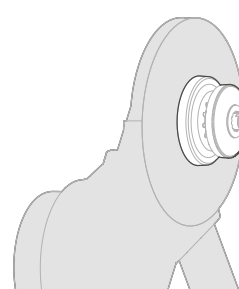
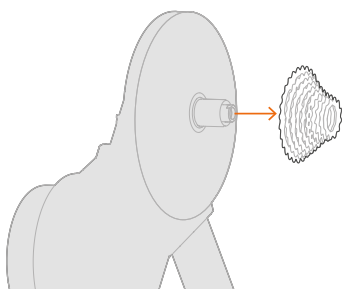
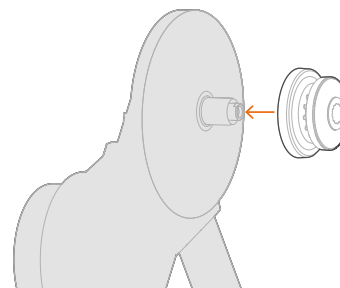
Wenn Sie einen Zwift Cog auf Ihrem Trainer installieren müssen, befolgen Sie bitte die Anweisungen, die dem Karton des Zwift Cog beiliegen.

Si necesitas instalar un Zwift Cog en tu rodillo, sigue las instrucciones de la caja del Zwift Cog.

1



2

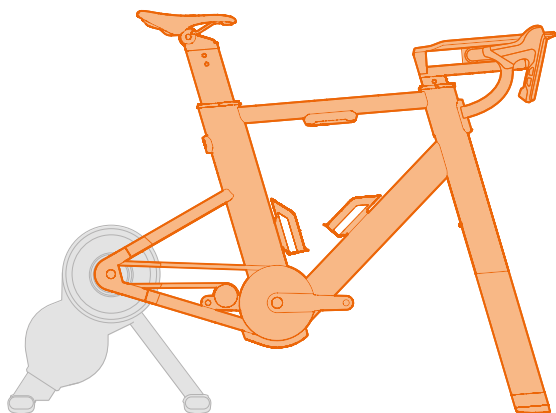


ENG ASSEMBLING YOUR ZWIFT FRAME

FRE ASSEMBLAGE DU CADRE ZWIFT

DEU AUFBAUEN DES ZWIFT-RAHMENS

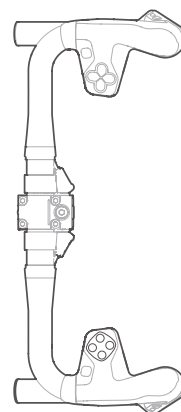
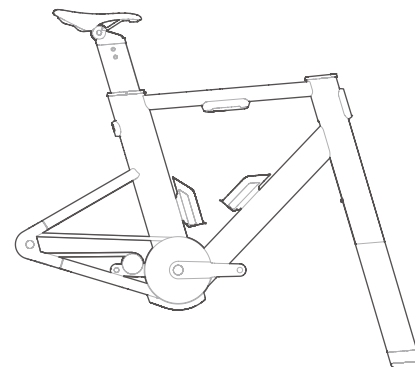
ESP MONTAJE DEL MARCO ZWIFT



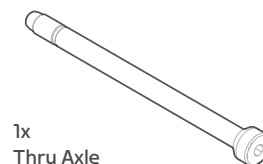
CONTENTS

CONTENU / INHALT / CONTENIDO

1x
Zwift Frame
Cadre Zwift
Zwift-Rahmen
Marco Zwift



1x
Handlebar Controllers
Guidon avec commandes
Lenker-Controller
Mandos del manillar



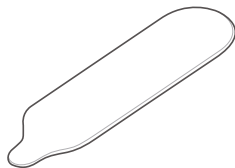
1x
Thru Axle
Axe traversant
Steckachse
Eje pasante



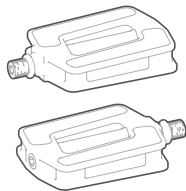
1x
Frame Key
Clé du cadre
Rahmenschlüssel
Llave para el cuadro

CONTENTS

CONTENU / INHALT / CONTENIDO

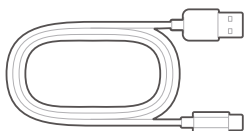


1x
Phone Tray Mat
Revêtement pour plateau de téléphone
Matte für die Telefonablage
Bandeja para teléfono



1x
Left & Right Pedals
Pédales gauche et droite
Linkes und rechtes Pedal
Pedales izquierdo y el derecho

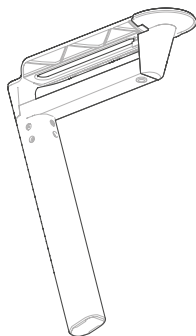
1x
Charging Cable
Câble de charge
Ladekabel
Cable de carga



2x
Cable Tidies
Range-câbles
Kabelbinder
Organizadores de cables



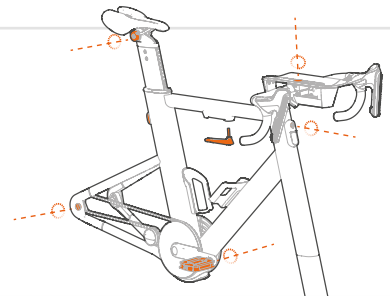
1x
Handlebar Stem, Cap, and Bolt
Potence, embout et boulon du guidon
Lenkervorbau, Kappe und Schraube
Potencia del manillar, cubierta y tornillo



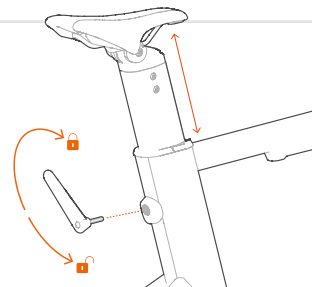
FRAME KEY

CLÉ DU CADRE / RAHMENSCHLÜSSEL / LLAVE PARA EL CUADRO

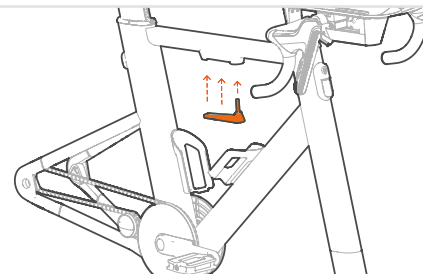
Assemble
Assembler
Zusammenbauen
Montar



Adjust
Ajuster
Anpassen
Ajustar

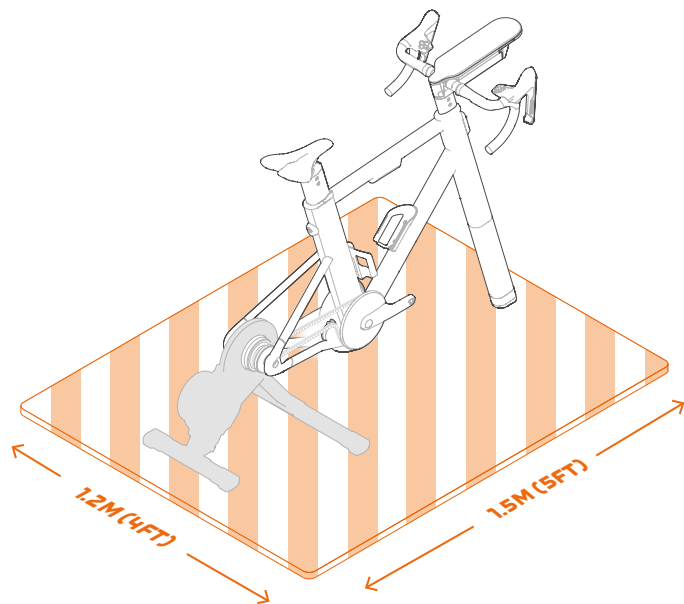


Dock
Ranger
Verbinden
Fijar



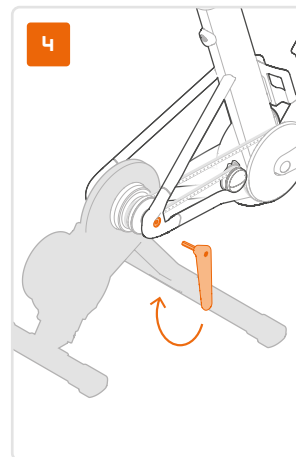
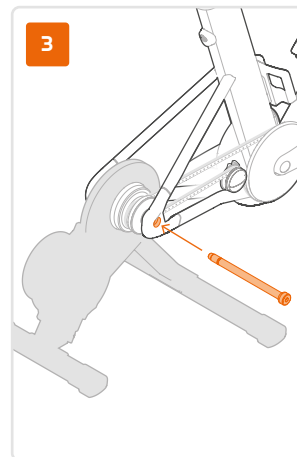
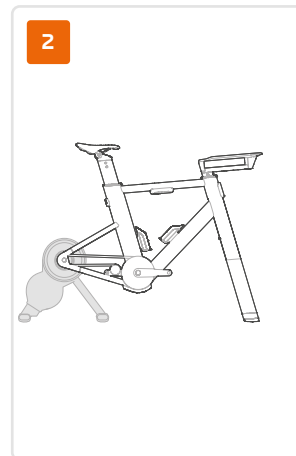
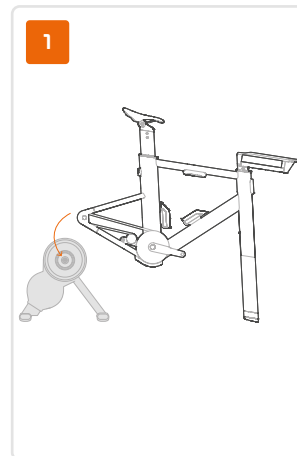
MAKING SPACE

AMÉNAGEMENT DE L'ESPACE / PLATZ SCHAFFEN /
PROVISIÓN DE ESPACIO



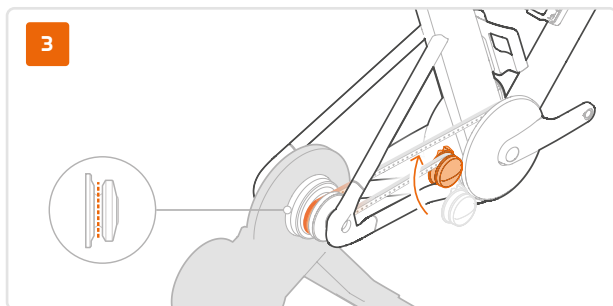
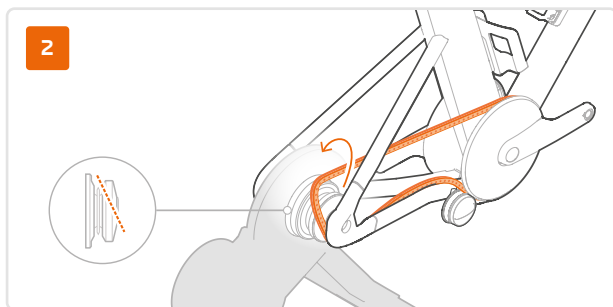
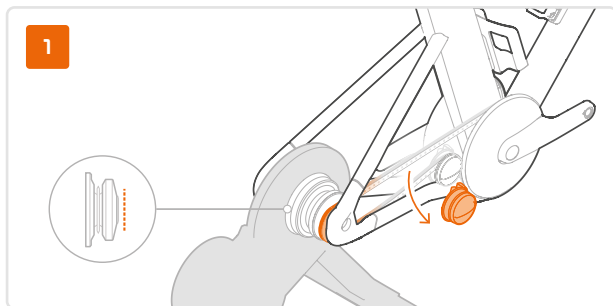
MOUNTING THE FRAME

MONTAGE DU CADRE / DEN RAHMEN AUFBAUEN /
MONTAJE DEL CUADRO



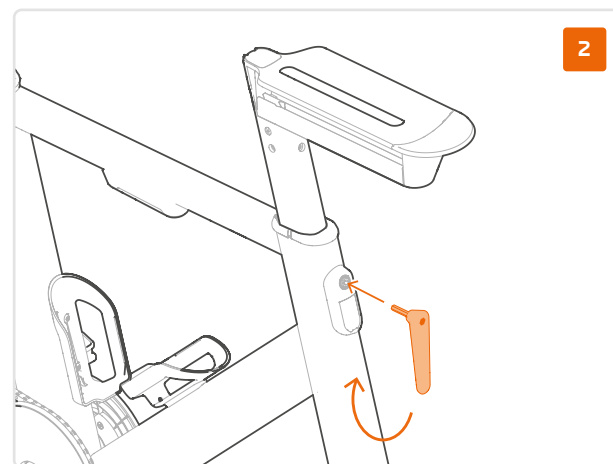
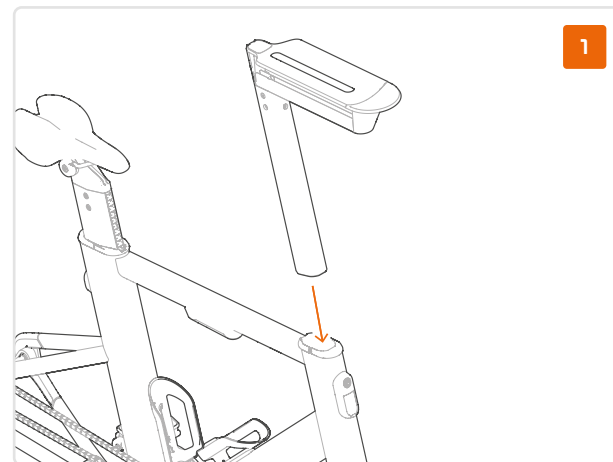
MOVING THE CHAIN

DÉPLACEMENT DE LA CHAÎNE / DIE KETTE
BEWEGEN / MOVER LA CADENA



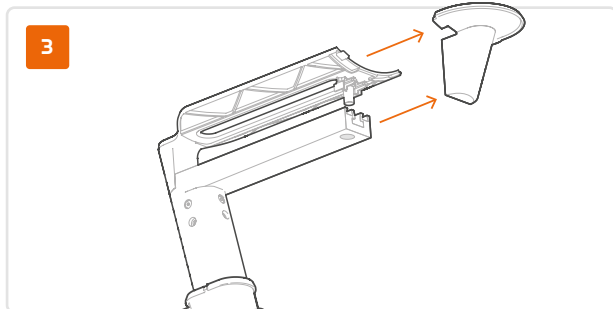
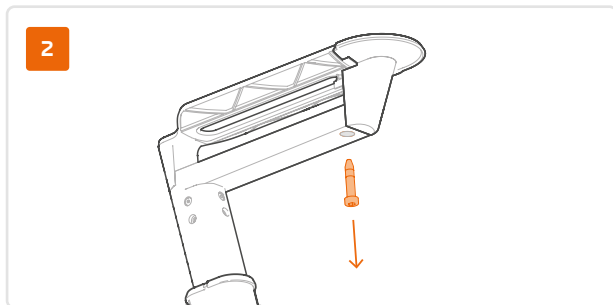
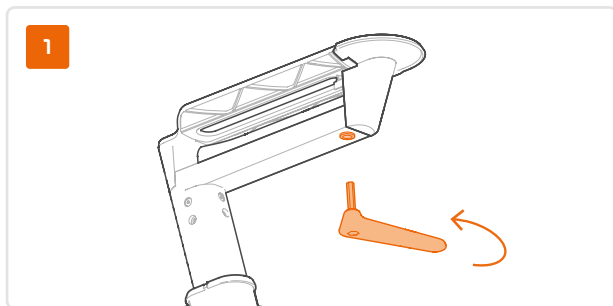
STEM ASSEMBLY

ASSEMBLAGE DE LA POTENCE / MONTAGE DES
LENKERVORBAUS / MONTAJE DE LA POTENCIA



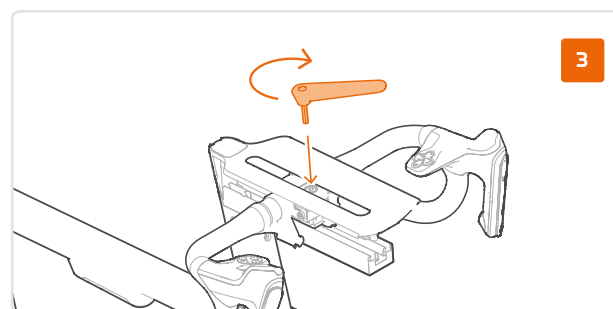
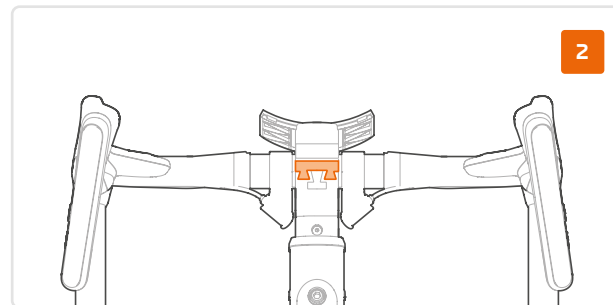
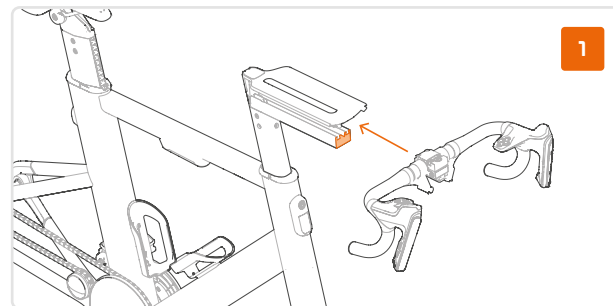
REMOVE CAP

DÉMONTAGE DE L'EMBOÛT / KAPPE ENTFERNEN /
QUITAR LA CUBIERTA



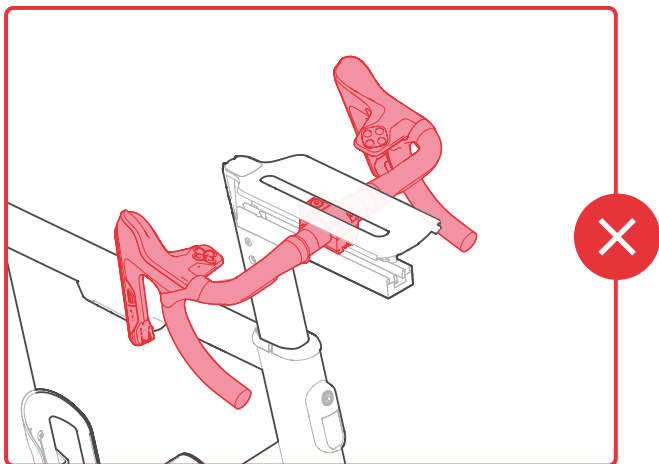
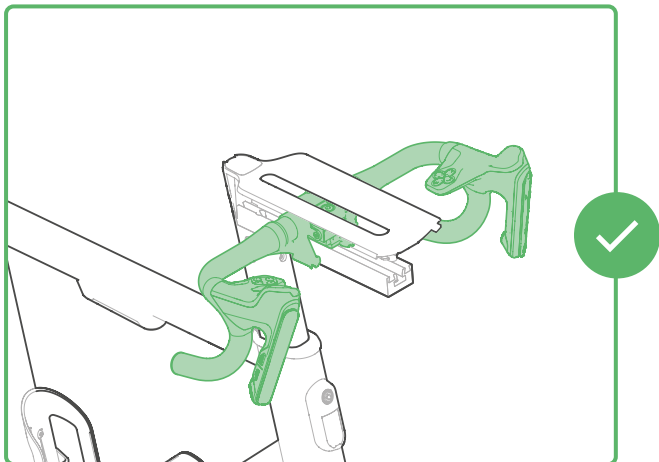
HANDLEBAR ASSEMBLY

ASSEMBLAGE DU GUIDON / MONTAGE DES
LENKERS / MONTAJE DEL MANILLAR



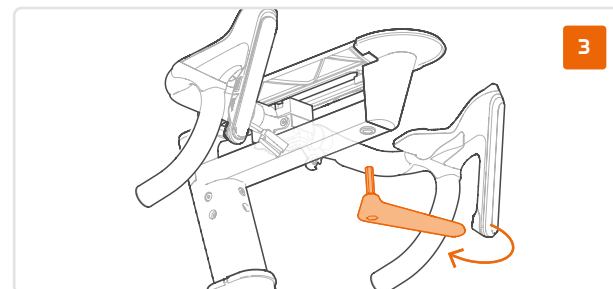
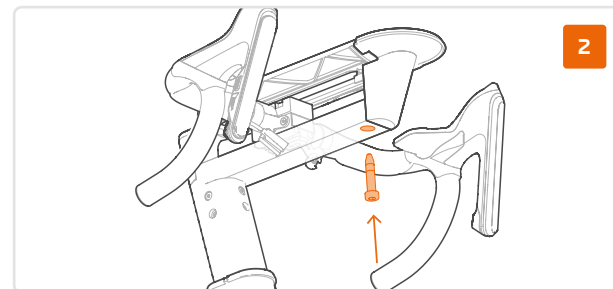
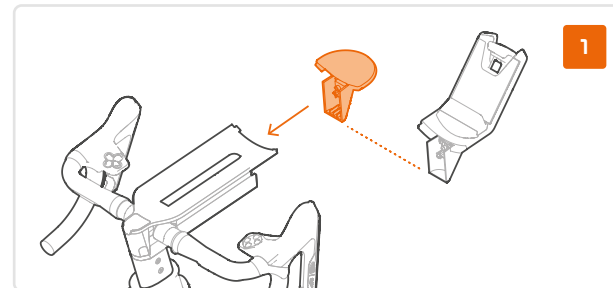
CHECK HANDLEBARS

CONTRÔLE DU GUIDON / LENKER PRÜFEN /
COMPROBACIÓN DEL MANILLAR



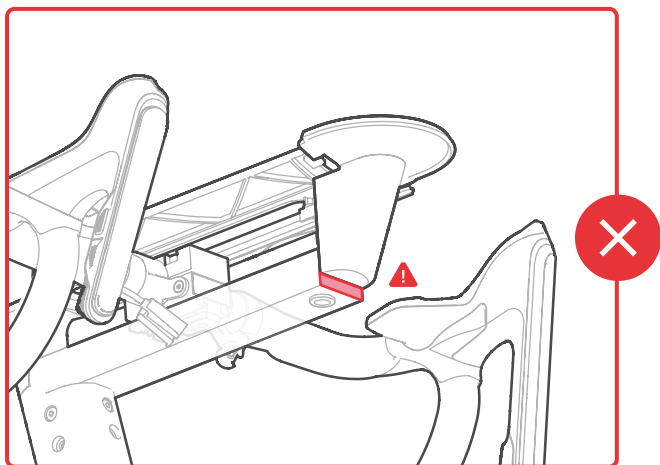
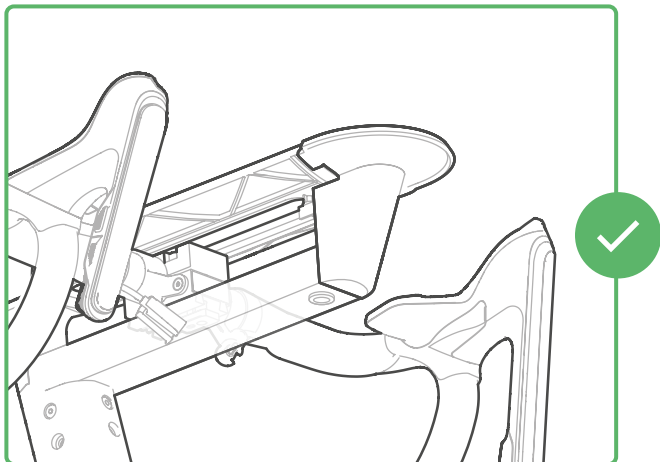
CAP OR TABLET HOLDER ASSEMBLY

ASSEMBLAGE DE L'EMBOUT OU DU SUPPORT
POUR TABLETTE / MONTAGE DER KAPPE ODER DES
TABLET-HALTERS / MONTAJE DE LA CUBIERTA O
DEL SOPORTE PARA TABLETA



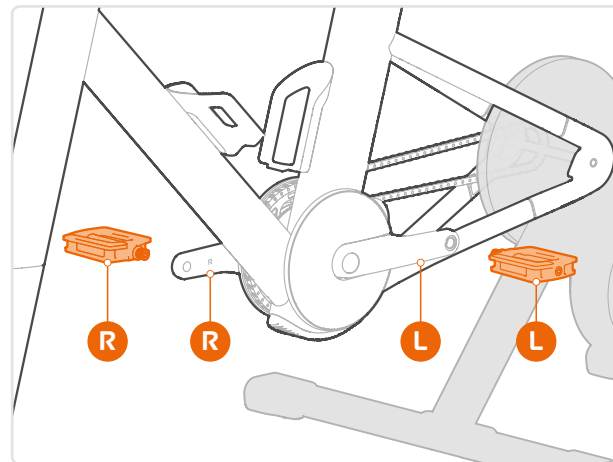
CHECK CAP

CONTRÔLE DE L'EMBOUT / KAPPE PRÜFEN /
COMPROBACIÓN DE LA CUBIERTA



PEDAL ASSEMBLY

ASSEMBLAGE DES PÉDALES / MONTAGE DER
PEDALE / MONTAJE DE LOS PEDALES



L

R

«TIGHTEN»

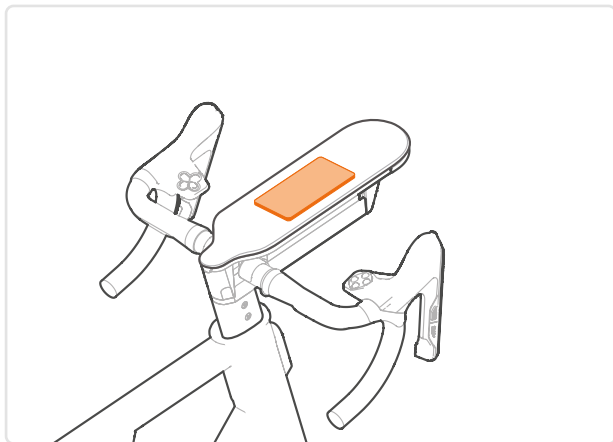
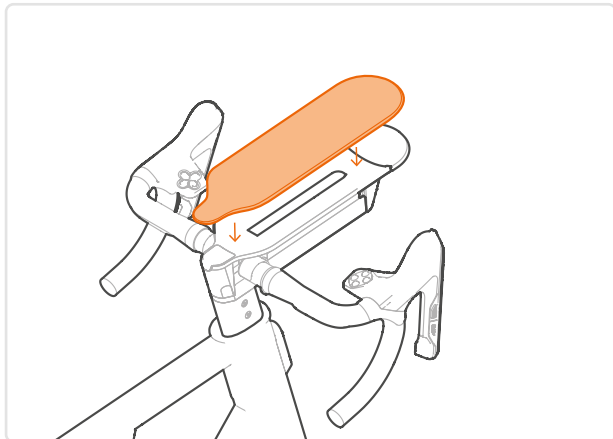


«TIGHTEN»



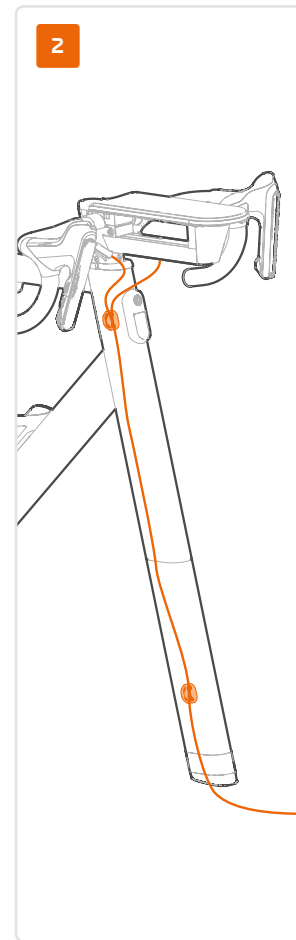
SETTING UP THE PHONE TRAY MAT

INSTALLATION DU REVÊTEMENT POUR PLATEAU
DE TÉLÉPHONE / EINRICHTEN DER MATTE FÜR DIE
TELEFONABLAGEN / INSTALACIÓN DE LA BANDEJA
PARA TELÉFONO



CABLE TIDIES

RANGE-CÂBLES / KABELBINDER /
ORGANIZADORES DE CABLES



BIKE FIT

AJUSTEMENT DU VÉLO / EINPASSEN DES FAHRRADS / AJUSTE DE LA BICICLETA

Follow the instructions on the **Bike Fit Card** to adjust the Zwift Frame to fit you.

Suivez les instructions sur la **carte d'ajustement du vélo** pour régler le cadre Zwift à votre taille.

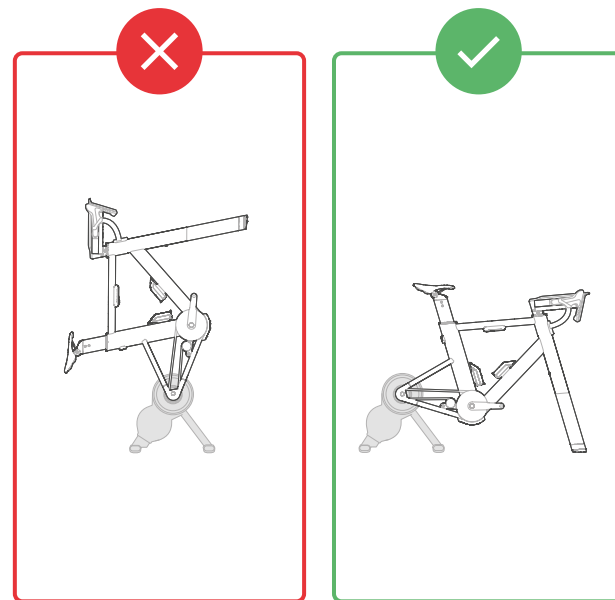
Befolgen Sie die Anweisungen auf der **Bike Fit Card**, um den Zwift-Rahmen an Ihre Bedürfnisse anzupassen.

Sigue las instrucciones de la **tarjeta de ajuste de la bicicleta** para ajustar el marco Zwift según tus medidas.



WARNING

AVERTISSEMENT / WARNUNG / ADVERTENCIA



DO NOT STORE VERTICALLY

Risk of falling can cause injury

NE PAS RANGER À LA VERTICALE

Risque de chute pouvant entraîner des blessures

NICHT VERTIKAL LAGERN

Es besteht die Gefahr des Umfallens, was zu Verletzungen führen kann.

NO GUARDAR EN POSICIÓN VERTICAL

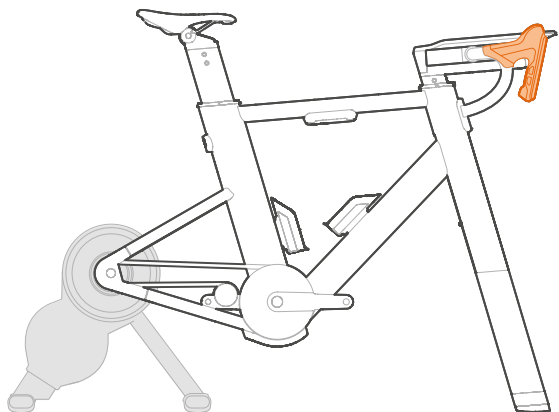
En caso de caída se pueden provocar lesiones

**ENG POWER ON, CONNECT,
AND UPDATE**

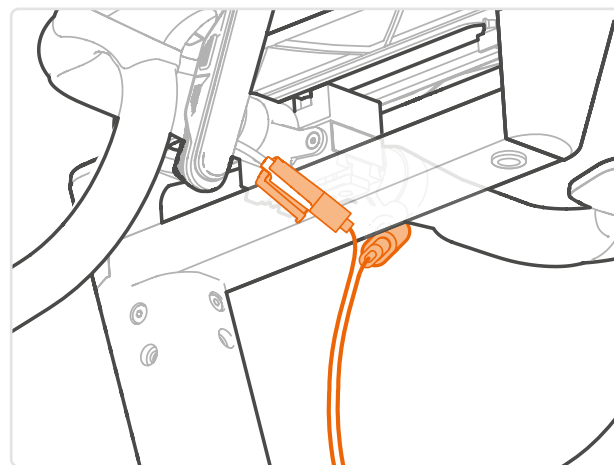
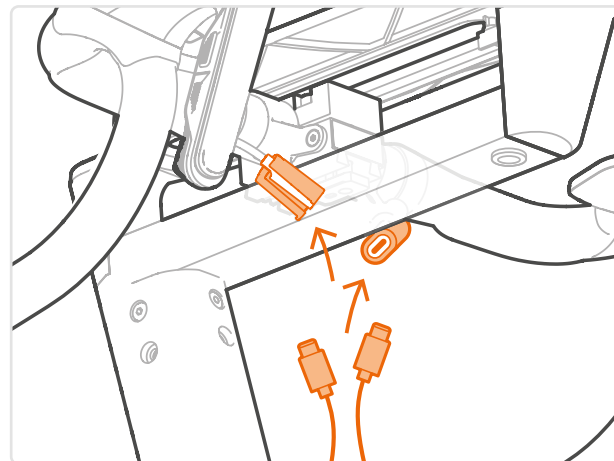
**FRE MISE SOUS TENSION,
CONNEXION ET MISE À JOUR**

**DEU EINSCHALTEN, AN DAS
STROMNETZ ANSCHLIESSEN UND
AKTUALISIEREN**

**ESP ECENDIDO, CONEXIÓN Y
ACTUALIZACIÓN**



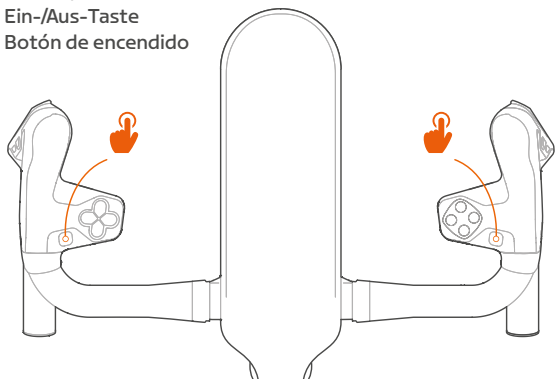
CHARGING
CHARGEMENT / AUFLADEN / CARGA



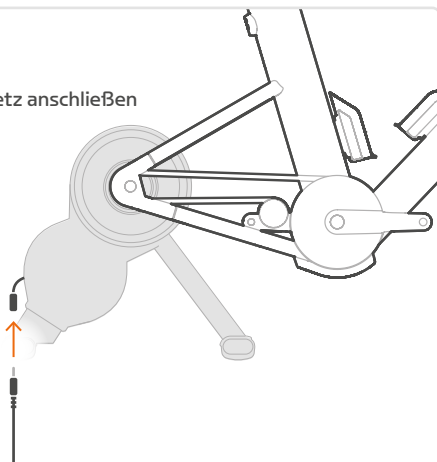
SWITCH ON

ALLUMAGE / EINSCHALTEN / ENCENDIDO

Power button
Interrupteur
Ein-/Aus-Taste
Botón de encendido



Plug In
Branchement
An das Stromnetz anschließen
Enchufar



LEDS

VOYANTS / LEDS / LEDS



Green pulsing – Charging
Pulsations vertes – Chargement en cours
Grün blinkend – wird aufgeladen
Verde pulsante: cargando



Green – Charged
Vert – Chargé
Grün – Aufgeladen
Verde – Cargado



Orange flashing – Low battery
Orange clignotant – Batterie faible
Orange blinkend – Schwache Batterie
Naranja parpadeante – batería baja



Red flashing – Error
Rouge clignotant – Erreur
Rot blinkend – Fehler
Rojo parpadeante – Error



Blue pulsing – Ready to connect
Pulsations bleues – Prêt pour la connexion
Blau blinkend – Kopplungsbereit
Azul pulsante – Listo para la conexión



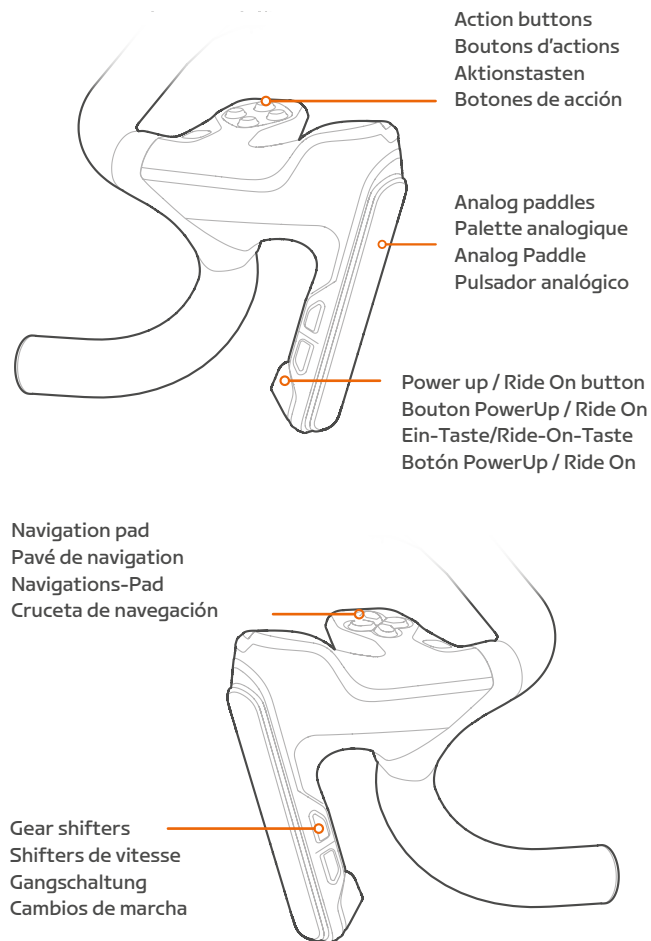
Blue – Connected
Bleu – Connecté
Blau – Gekoppelt
Azul – Conectado



Yellow – Updating
Jaune – Mise à jour en cours
Gelb – Wird aktualisiert
Amarillo – Realizando actualizaciones

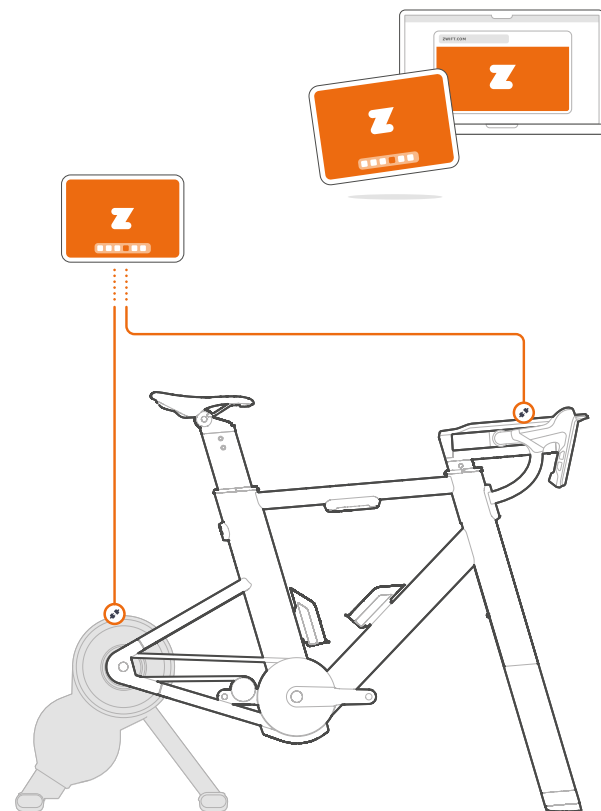
BUTTONS

BOUTONS / TASTEN / BOTONES



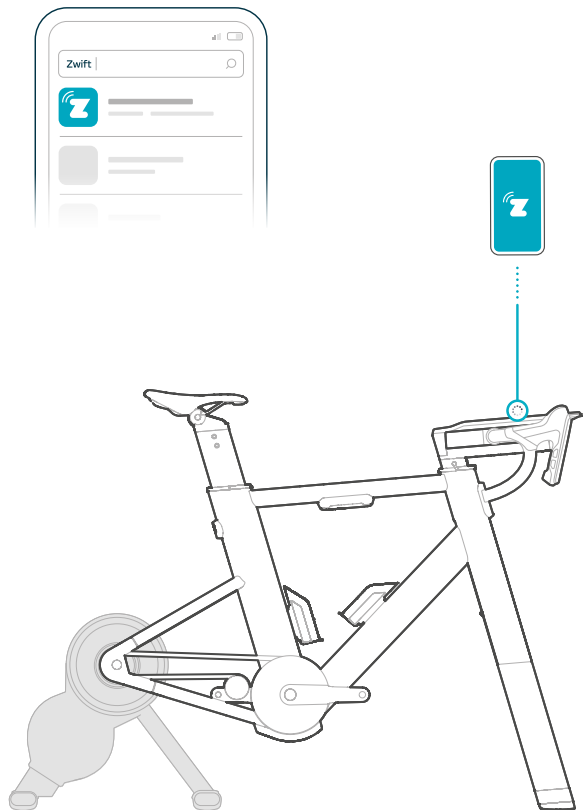
CONNECTING

CONNEXION / VERBINDEN / CONEXIÓN



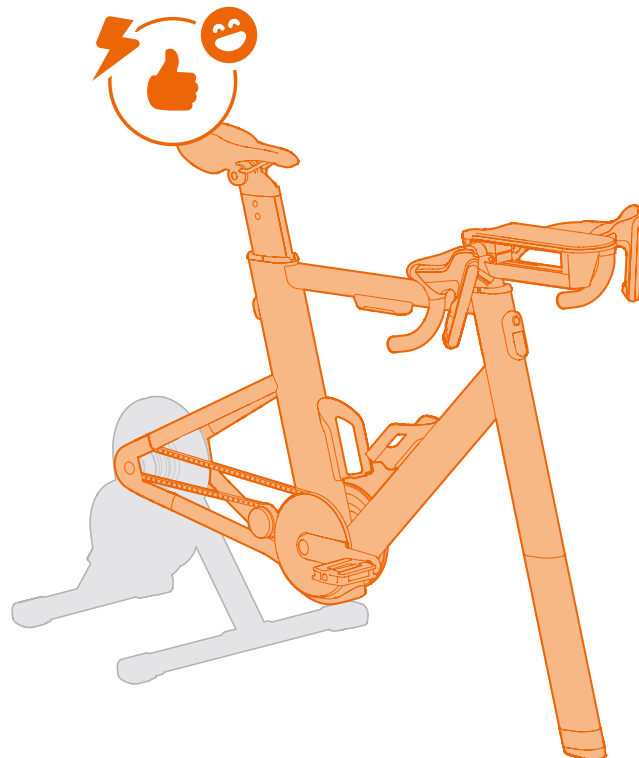
UPDATING

MISE À JOUR / AKTUALISIEREN / ACTUALIZACIÓN



DONE! RIDE ON.

TERMINÉ ! RIDE ON. / FERTIG! RIDE ON. /
¡LISTO! RIDE ON.



SCAN TO WATCH INSTRUCTIONAL VIDEOS
SCANNEZ POUR REGARDER LES VIDÉOS
D'INSTRUCTION / SCANNEN, UM
ANLEITUNGSVIDEOS ANZUSEHEN / ESCANEAR
PARA VER VIDEOTUTORIALES

