## Getting a dialed fit:

To get the most accurate size, we recommend physically measuring the length of your foot using the 3 -step process outlined here.

TIP: Oftentimes, we have one foot that's slightly larger than the other-measure the larger foot.
oor a pece of paper and ruler or the the ruler and paper are flush with the wall.


Stand with your back against the wall so your foot is weighted. Ensure your heel is against the wall and your foot is perpendicular. LARGER FEET: You may need to rotate the paper so that your foot fits from corner to corner.
(3) Draw a mark at the end of your longest toe. If you had to rotate the paper, draw a mark at your heel. Measure from the edge of the sheet of paper to the mark where your toe was (or from the heel mark to the your toe wask). Use that measured length to
toe mat compare to the chart below.

## MEN'S

| us | 5 | 5.5 | 6 | 6.5 | 7 | 7.5 | 8 | 8.5 | 9 | 9.5 | 10 | 10.5 | 11 | 11.5 | 12 | 12.5 | 13 | 14 | 15 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| EU | 37 | 37.5 | 38 | 39 | 39.5 | 40 | 41 | 41.5 | 42 | 42.5 | 43 | 44 | 44.5 | 45 | 46 | 46.5 | 47 | 48.5 | 49.5 |
| UK | 4 | 4.5 | 5 | 5.5 | 6 | 6.5 | 7 | 7.5 | 8 | 8.5 | 9 | 9.5 | 10 | 10.5 | 11 | 11.5 | 12 | 13 | 14 |
| CM/JP | 23 | 23.5 | 24 | 24.5 | 25 | 25.5 | 26 | 26.5 | 27 | 27.5 | 28 | 28.5 | 29 | 29.5 | 30 | 30.5 | 31 | 31.5 | 32 |
| Measured Length <br> (Inches) | 9.14 | 9.31 | 9.47 | 9.64 | 9.81 | 9.97 | 10.14 | 10.31 | 10.47 | 10.64 | 10.81 | 10.97 | 11.14 | 11.31 | 11.47 | 11.64 | 11.80 | 11.97 | 12.14 |

## WOMEN'S

| US | $\mathbf{5}$ | $\mathbf{5 . 5}$ | $\mathbf{6}$ | $\mathbf{6 . 5}$ | $\mathbf{7}$ | $\mathbf{7 . 5}$ | $\mathbf{8}$ | $\mathbf{8 . 5}$ | $\mathbf{9}$ | $\mathbf{9 . 5}$ | $\mathbf{1 0}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| EU | 35 | 35.5 | 36 | 37 | 37.5 | 38 | 39 | 39.5 | 40 | 41 |  |
| UK | 3 | 3.5 | 4 | 4.5 | 5 | 5.5 | 6 | 6.5 | 7 | 7.5 |  |
| CM/JP | 22 | 22.5 | 23 | 23.5 | 24 | 24.5 | 25 | 25.5 | 26 | 26.5 | 27 |
| Measured Length <br> (Inches) | 8.47 | 8.64 | 8.81 | 9.14 | 9.31 | 9.47 | 9.64 | 9.81 | 9.97 | 10.14 | 10.31 |

## YOUTH

| US | $\mathbf{2}$ | $\mathbf{3}$ | $\mathbf{4}$ | $\mathbf{5}$ | $\mathbf{6}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| EU | 34 | 35 | 36 | 37 | 38 |
| UK | 1.5 | 2.5 | 3.5 | 4.5 | 5.5 |
| CM/JP | 21 | 22 | 23 | 24 | 25 |
| Measured Length <br> (Inches) | - | 8.47 | 8.81 | 9.14 | 9.47 |

