



Men Size	Inches	Centimeters
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SM	7 1/8 – 7 3/8	18.0 – 18.7
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MD	7 3/8 – 7 5/8	18.7 - 19.4
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LG	7 5/8 – 7 7/8	19.4 – 20.1
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XL	7 7/8 – 8 1/4	20.1 – 20.8
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XXL	8 1/4 – 8 1/2	20.8 – 21.5
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Women Size

SM	6 5/8 – 6 7/8	16.8 – 17.5
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MD	6 7/8 – 7 1/8	17.5 – 18.1
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LG	7 1/8 – 7 3/8	18.1 – 18.7
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XL	7 3/8 – 7 5/8	18.7 – 19.4
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XXL	7 5/8 – 7 7/8	19.4 – 20.1
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